

| ZEIT | Männer | mU20 | mU18 | M14/15 | M12/13 | Frauen | wU20 | wU18 | W14/15 | W12/13 |
|-----------|---------|---------|---------|---------|--------|---------|---------|---------|---------|--------|
| 10:00 Uhr | Speer | Speer | Speer | Kugel | Kugel | Diskus | Diskus | Diskus | Kugel | Kugel |
| 10:15 Uhr | | | | | | | | | | |
| 10:30 Uhr | | | | | 4x75m | | | | | 4x75m |
| 10:45 Uhr | 4x100m | 4x100m | 4x100m | 4x100m | | | | | | |
| 11:00 Uhr | | | | | | 4x100m | 4x100m | 4x100m | 4x100m | |
| 11:15 Uhr | 800m | 800m | 800m | 800m | 800m | | | | | |
| 11:25 Uhr | | | | | | 800m | 800m | 800m | 800m | 800m |
| 11:30 Uhr | Kugel | Kugel | Kugel | Diskus | Diskus | Speer | Speer | Speer | Diskus | Diskus |
| 11:35 Uhr | 100m ZV | 100m ZV | | | | | | | | |
| 11:45 Uhr | | | | | | | | | | |
| 11:55 Uhr | | | 100m ZV | 100m ZV | | | | | | |
| 12:00 Uhr | | | | | | | | | | |
| 12:15 Uhr | | | | | | 100m ZV | 100m ZV | | | |
| 12:30 Uhr | | | | | | | | | | |
| 12:35 Uhr | | | | | | | | 100m ZV | 100m ZV | |
| 12:45 Uhr | | | | | | | | | | |
| 12:55 Uhr | 100m ZE | 100m ZE | | | | | | | | |
| 13:00 Uhr | Diskus | Diskus | Diskus | Speer | Speer | Kugel | Kugel | Kugel | Speer | Speer |
| 13:05 Uhr | | | 100m ZE | 100m ZE | | | | | | |
| 13:15 Uhr | | | | | | | | | | |
| 13:20 Uhr | | | | | | 100m ZE | 100m ZE | | | |
| 13:30 Uhr | | | | | | | | | | |
| 13:35 Uhr | | | | | | | | 100m ZE | 100m ZE | |
| 13:45 Uhr | | | | | 75m ZL | | | | | |
| 14:00 Uhr | | | | | | | | | | 75m ZL |
| 14:15 Uhr | 400m | 400m | 400m | | | | | | | |
| 14:25 Uhr | | | | | | 400m | 400m | 400m | | |
| 14:30 Uhr | Hammer | Hammer | Hammer | Hammer | Hammer | Hammer | Hammer | Hammer | Hammer | Hammer |
| 14:45 Uhr | | | | 300m | | | | | 300m | |
| 15:00 Uhr | 200m | 200m | | | | | | | | |
| 15:15 Uhr | | | 200m | | | | | | | |
| 15:30 Uhr | | | | | | 200m | 200m | | | |
| 15:45 Uhr | | | | | | | | 200m | | |
| 16:00 Uhr | | | | | | | | | | |

Änderungen vorbehalten!